# St Gabriel's Pre-school



### 6.4 Intimate Care:

(including nappy changing/soiled clothing /sun cream application)

#### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents/carers/guardians towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults. We are linked to the Potty Training Academy programme.

#### **Procedures**

At St Gabriel's we accept there will be times, for all children attending the setting, when staff will need to provide intimate care for individual children. This may be nappy changing, toileting or removing clothing due to soiling. We will ensure the child is aware of what is happening and a private area used.

- Only staff employed by St Gabriel's, Qualified and checked by the Disclosure and Barring Service will be allowed to provide intimate care or change nappies. No students, helpers or volunteers will be permitted to do this.
- Our staff are aware of changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to an individual schedule, or more frequently where necessary.
- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents/carers/guardians agree.
- All staffs undertake changing children during their working session within the Pre-school.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes.
- Each child has their own bag to hand with their nappies or pull ups and changing wipes.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. Wipes are used on the changing mat between each child being changed making it hygienic and fresh for individual children.
- Our staff put on gloves / aprons when changing soiled clothes of the children due to bodily fluids.
- Our staff record on a daily sheet the times of nappy changing and toilet training as per the individual need
  of the child. Children are also encouraged to take part in the Potty Training Academy reward system
  displayed in the setting.

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### 6.4 Intimate Care cont'd

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- All our staff at St Gabriel's Pre-school are familiar with our hygiene procedures and carry these out when changing nappies. Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and individual paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed, labelled and bagged for parent / carers to take home at the end of the session or day.
- We have a 'duty of care' towards children's personal need. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

This policy was adopted by

On

Date to be reviewed

Signed on behalf of the provider

Name of signatory

Role of signatory (e.g. chair, director or owner)

St Gabriel's Pre-school

May 2017

May 2018

Rydona

Rev'd Pam Goddard

Chair



